

Question: The following answer was in response to a teacher telling his student that life was not worth living.

Reply: Yes, generations of insane living might, when it comes up for healing, make you wish you were never born - but that is a temporary step in the process! As you do your Work, your True BEING arises from the ashes of the past. When the hurts are healed, when the very capacity to even produce suffering in your physiology is vanquished, you have achieved the goal, and you will live in the shining light of the Love of God. Physically!

Men far wiser than your teacher, said,

"Come take a pickaxe and break open your stony heart. The heart's matrix is glutted with rubies, springs of laughter are buried in your chest." Rumi

"I wish I could show you, when you are lonely or in darkness, the astonishing light of your own being." Hafiz