

Question: The following is from a personal session with a man who had gotten involved with a lady who was not yet free and their relationship was already rocky and he was feeling lost and alone.

Reply: I don't know if you have been married before or not and I can not from a personal space say what it is like for a man but for a woman getting divorced produces such mixed emotions. Whether your lady is the one who filed for the divorce or not doesn't matter.

I know when I divorced it was my decision not his. I had been married 24 years and I went through such emotions - guilt, hurt, sadness, loneliness, anger and pain. This was before I knew the forgiveness work that Michael presents. If I had had these tools I would have handled things a lot better than I did. Psychologists say a good guide is to stay "single" for 1 year for every 5 years married. I don't necessarily agree with that but that sort of demonstrates the intensity of "getting beyond" the divorce.

It is intense and it is so new for your friend right now that yes it is probably too soon for her to get "serious"...give her space. Plus, you two started trying to have a relationship when she was not "free" to do so and so you began in a rough space. Real relationship has to have integrity and truth and you all did not fully have that, did you? She was still at least legally committed to another until her divorce was final.

This all sounds like I am saying you should go a different direction and maybe you should but then maybe you just need to be patient. I am just giving you things to think about. Only you can answer this one.

Another thought, you said you told her the other day that she was free to do what she chose to do (stay or go) and you would accept whatever she decided. By saying that, 1) you gave her the open space to say she is choosing to go and so you must graciously hold love conscious and accept that as you said you would (this might take several worksheets) AND 2) you just opened your field to allow everything less than love to surface around being left – healing is not always Dr. Feelgood, willingness to go through it will make it easier than resistance. Think back, this is not the first time you have felt these feelings of being left, alone, sad or forsaken – is it? Did you feel these anytime in your childhood?

You must forgive, cancel, the goal you hold for her to stay and reconnect to love and ask the Creator to assist you in this. Set a new goal that involves

your lady friend, for example, to create a space where you can openly, honestly communicate with each other and develop a solid friendship. (It may develop into something more again but let your new goal be one you have the power to initiate.) You cannot make her love you but you do have the power to openly communicate and be her friend. She will respond to that – maybe just as a friend but she will respond. The power is in you to change what you are feeling but if you hold to the goal for her to love you the way you want her to love you then you give all the power to Debbie for your happiness. You are setting yourself up.

We are creators, so why are you not creating the relationship you want? If there is anything you want that you are not receiving (in this case for this lady to love you) then it is because there is a greater part of you that believes you can't have it or you don't deserve it. Until you cancel the goal for what it is you want then you will not be able to see the file in you that is holding the corrupt data to clean it out. To open the space for whatever it is to come forward and be exposed to the love (to the mind of Christ) and be dissolved THEN you will create the relationship you desire. It may be with this lady but then it may be with another.

My highest thought is 1) to do a forgiveness worksheet on this issue and see what is keeping you from getting what you want and 2) allow the space to be open for continuing to create a friendship with her. Let the relationship handle itself – cancel your need for this to happen in “your way” and let it develop however it will. 3) Your friends see you in upset and they do not know how to help you except to say you are crazy and that you should not bother – filter the advice you get from them and myself through your own filter within. Let your inner guidance lead you. And I am glad to continue this discussion until you feel complete with it. 4) It is awesome that you “love her” and are willing to step aside for her good. However, love (God) does not want sacrifice. You ARE love – it is your BEING. You need to recognize that it is within and not something you have to attain from someone outside of you. As long as you are looking outside of you - it is actually approval not love – and you will not find satisfaction.

I hold you in the space as you heal – and I believe this is a healing crisis for you. The symptoms of healing look and feel like the symptoms of dis-ease. As you release the old feelings of loss will arise. Be gentle on yourself and continue to move forward.