

**Question:** The following is from a personal session with a lady who felt she needed to end a relationship but felt such loss because it was “all she had”. She was doing her work and felt no joy. When does it come together?

**Reply:** You say "that's all I have" as if you have nothing...you have everything! Start looking at it from that perspective!

About your sadness at the decision to leave "what you currently have" - when it is something you don't want to leave (your words not mine that you don't want to leave) - WHO SAID YOU HAVE TO LEAVE IT? That is your call. You can stay - but then you have to either accept it as what it is or begin to create it differently. Whether you chose to leave him or stay - be sure you are making your decision when connected to Source (Love) or you will regret it either way.

You may have to cancel this need 77x70 times to clear it all out - you did not get this way overnight you know. The joy kicks in when you see life as the wonderful gift it is instead of focusing on the "missing" pieces.