

Purpose Personal Power and Commitment – We all have the same Primary Purpose – that is to develop a viable, conscious, spiritual body. Then we each have a different Secondary Purpose and it is not to just go punch a clock and make money – so what is our purpose in this life? How can you know what you are here to do? Once you have your Secondary Purpose (and it will be in alignment with the Primary Purpose) then you look at your goals and decisions and only do that which supports your purpose. This in turn keeps all your behaviors in line with purpose. When "on purpose" you are empowered and have the capacity to be aware of and live out of your highest guidance. Michael asked, "What takes you out of your purpose?" He went through the process of how as a child enthusiasm is squashed and that affects the pineal gland and then pain is suppressed affecting the pituitary and on down a list until we become unconscious of our higher selves and the gonad system ceases to eradicate itself from life. We need to step into doing Purpose, take back our Personal Power and Commitment. We went through an exercise that resulted in the beginning of our purpose statements. First make a list of 10 unique characteristics or talents (skills that are natural) that you have, then make a list of 10 things that you enjoy doing (behaviors) and then a statement describing your vision of the perfect world (looking at it from a higher place). Then complete this sentence: I now use my _____ (pick three or four skills from the first list) to _____ (pick three or four behaviors from the second list) and create _____ (describe the perfect world). Sitting back and looking at the two lists I immediately realized that many of them complimented each other so these are the ones I chose from the list. For example: some form of learning, teaching and listening was in both lists and secretarial administrative abilities definitely help in all three. My second list also included things like travel and romance, which I could easily tie into the pattern I was seeing. My perfect world was free of conflict – oops, let's reword that positively to a world full of people committed to love, truth and harmony. When I left that workshop I had the basic purpose statement for my life, however, as Michael had recommended, I continued to pray over and meditate on direction and after 6 months, the following is my final statement.

I now use my love for learning to search for Truth and then use my teaching skills to share my understanding with those whose path I cross. I now use my organizational/administrative abilities to serve God not man. Whether I listen or speak, work or play, wherever I go on this earth, whatever relationships are created – I will stay committed, fully aware, responsible and connected to God. I will radiate the Love in me, be a clear voice to my calling, so that my life produces a longing in others to follow in the way of Truth, to live for God, and to likewise make a difference. To have such an impact on this planet that we create the shift toward love and truth and harmony as God originally created us to live.