

Background:

Most of my life I have been looking for someone, sometimes males sometimes females, sometimes formed groups and other times groups forming that want to play. Play this game that I now refer to as "Building the Brain Cells", I have always felt as certain level of optimism, whenever confronted with a project or task, a job. It wasn't that I didn't have fears or concerns, I did. And yet there was always something that told me it was possible and more times than not I would get right to it. In doing that I accomplished a lot and have experienced many things, some not so great and others quiet wonderful. All in all I love myself and in living my life this way, so far, without regrets. What I believe is my biggest challenge is channeling my energy of optimism in balance with others level of optimism. Let me explain.

Up until now I was looking for someone(s) or groups to support me in this energy. What I found was there were a lot of people that would get excited and be willing at the moment and then when it got a little too difficult they would quit. Of course I am really talking about myself. I woke up to this realization several years ago through some workshops and processes and so I took it on my own that I would do whatever needed to be done with or without the support of others. Sounded great to me for now I was in charge. It didn't matter what others did or didn't do I was in charge and I would do whatever it took. Sound familiar? You see the story hasn't changed. Oh there are different people and different projects, goals, intentions and dreams and aspiration and I am I am still looking for someone(s) who will play with me. Another way to say that is "someone who will do what I want them to do" so I can feel how I want to feel!! No co-dependence there...Ha..Ha. And the truth is I just want to be a part of life with everyone.

To me this game represents another relationship. Of course I have learned that all relationships are based in intention, commitment and willingness which will determine the level of their success or growth. That everything I do here is a reflection of what is in my mind, the thoughts I hold and the actions I take. This game is therefore a reflection of how I live my life. The rules (guidelines) are a mirror of how I will play. So "Building the Brain Cells Game" is my "ILLUSION" of life. My game of life. My challenge is, and always has been, "Who am I?" Who do I want to play with and who wants to play with me? To not play with someone is insane to me, for what would be the sense being here with 6 billion people? So you see it is taking me a little time to put this together for this is about how I will LIVE-LIFE.

Blessings,

David Hayes