

Three Paths: Introductory, Transformation and Self-Awareness

Introductory Program

Question: “How do you eat an elephant?”

Answer: One bite at a time!

Question: How do you learn forgiveness?

Answer: One RMS (Reality Management Sheet) at a time!

The Introductory Program is designed for the person in mind who may be hearing about this work for the first time. Or would like to absorb and digest the information like a fine meal or book. The principles of learning the tools are based on consistency and repetition which you determine by your level of willingness and commitment.

The agreement and commitment is every day for the next 10 days:

- 1) complete minimum one RMS (Reality Management Sheet).
- 2) spend minimum 5 minutes reading, listening or watching any of the “Why Again” material.
- 3) looking into a mirror read out loud “ My Commitment to Myself”.
- 4) contact by text, email or phone when agreements have been kept.

Transformation Path

Definition: Transforming; the act or process of a complete change.

This is a powerful process that allows you to let go, untie, (defined in the Aramaic as forgive) any baggage/programs that has been restricting you from living the Life you were created to live and desire to have. As in nature what you put into, you get back, so it is with this work. This requires a stronger commitment for the rewards are greater.

The agreement and commitment is every day for the next 40 days:

- 1) complete minimum five RMS (Reality Management Sheet).
- 2) spend minimum 15 minutes reading, listening or watching any of the “Why Again” material.
- 3) looking into a mirror read out loud “ My Commitment to Myself”.
- 4) contact by text or email when agreements have been kept.

Self Awareness Path

The ability to intuitively see with clarity and understanding the nature and solution of any conflict resonated within myself and the capability to heal it.

The focus and objective of this training stage is to have developed the skill to select the best tool from a subconscious level as a way of life.

The agreements and commitments begin with the Introductory or Transformation training module (determined by the participant). With the completion of a module, another tool will be introduced with instructions and support of how to apply them.

With this program a Personal Code Evaluation, “a customary fee of \$100” is included. This PC Evaluation assists in recommending specific areas of personal work to do and accelerates your healing process.