

What is Building the Brain Cells?

- Building the Brain Cells Game is about learning. Learning how to let go (forgive) of any thoughts/beliefs that resonates any feelings of anger, hostility or fear then create your life from your highest intelligence “Love”.
- Learning how to structure a neural net “Habit of Thought” that continues to build a healthy viable conscious “Being Mind” and body each day.
- It is designed to support through self-responsibility, accountability and acknowledgement of achievement, results and ownership.