

*THESE TOOLS ARE GOING TO CHANGE YOUR LIFE!*

## UNITY OF THE KEYS

1011 VIRGINIA STREET, KEY WEST, FL (305) 296-5888 [www.unityofthekeys.org](http://www.unityofthekeys.org)

**MindShifters® and StillPoint® BREATHING**  
**SATURDAY, January 21, 2012 8:00 AM - approximately 6:00 PM**

**(125.00 fee for the day, must register in advance, limited to 30 participants)**

- ♥ THE ROLE OF THE BREATH IN SELF HEALING
- ♥ HOW TO USE MIND SHIFTERS TO ACCESS SUPPRESSED REALITIES
- ♥ HOW TO REMOVE EMOTIONS THAT PROMOTE UNCONSCIOUSNESS

StillPoint Breathing® is deep, process oriented work. Experience the breath's ability to reduce stress, remove limiting realities. This gentle self help tool leads to the experience of self acceptance, "Source Connectedness" and an ever deepening serenity! MindShifters® are used in this work as a catalyst that quickly surface hidden mind dynamics so that they can be examined and healed.



"THE LAST SET OF SELF-HELP TOOLS YOU WILL NEED TO USE"

**dr. michael ryce**

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Free book download at [www.whyagain.com](http://www.whyagain.com)

To Register  
Call  
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