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♥ **MY COMMITMENT** ♥

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I promise to **TRUST** you enough to tell you the Truth and be true to you. I commit to always be sweetness in your life, to nurture you daily and treat you **LOVINGLY**, Gently and with **Respect** in my thoughts, words and actions, whether in your presence or not.

In every interaction I commit to affection for you, to look for and acknowledge the highest and best in you and surrender to **LOVE**, our true nature. My connection to my Source, my relationship with you and our Serenity will always be more important than any issue. I open my heart to embrace you in my Love, I open my heart to be embraced in your Love.

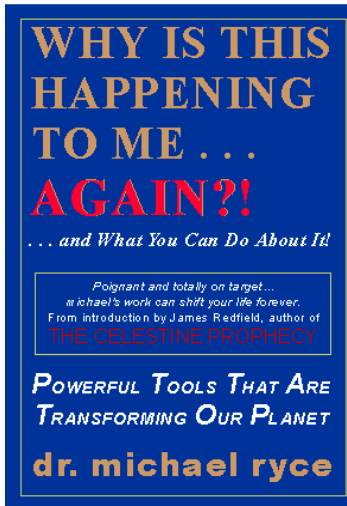
If anything unlike **LOVE** comes up, I will hold us in my heart and listen as I learn to speak, experience and be **RESPONSE-ABLE** for my own realities. I am here for and with you. I promise to keep communication open and keep **LOVE** conscious, active and present **AS WE HEAL, CELEBRATE LIFE** and **GROW TOGETHER!**

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*This Spiritual work belongs to the Creator. We offer travel workshops free and in order to support our continued work ask a minimal exchange for intensives, tapes and other products and services. Our mission is the healing of ourselves, each other and the planet. Everything we offer is dedicated as our contribution toward that purpose.*

*Please join in empowering us through your LOVE, donations, service, tape and book purchases and by attending intensives at HeartLand.*

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Theodosia, Missouri 65761  
Phone (417) 273-4838

Free book download at  
[www.whyagain.com](http://www.whyagain.com)

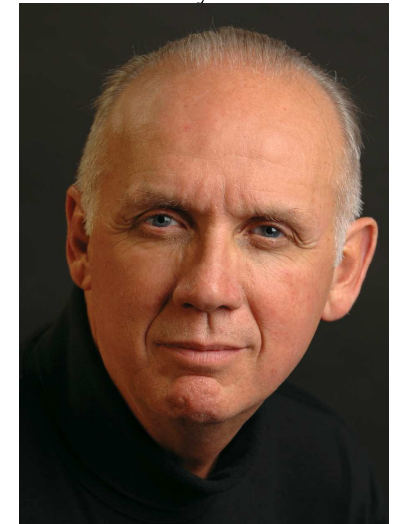
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**WHY IS THIS HAPPENING TO ME ... AGAIN?!**  
**... AND WHAT YOU CAN DO ABOUT IT!**

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**INDIVIDUAL ASSISTANCE AVAILABLE IN PERSON OR ON THE TELEPHONE**

FOR CONTINUED EDUCATION IN USING  
dr. michael ryce's TOOLS



*David Hayes*

**FOR AN APPOINTMENT CALL: 417-255-5894**

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## DAVID HAYES

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David, for the past 20 plus years, has traveled the United States, Canada and South America using his unique skills in working with people from all walks of life and in all circumstances.

He has taught and coached corporate leaders, homeless veterans, teachers, counselors, healers and young adults. Repeatedly engaged to work with every level of personnel and management by dozens of corporations such as Computer Associates, Pepsi and GE Finance, David brings a unique skill set to each venue in which he works.

Having worked through Post Traumatic Stress Disorder, experienced as a result of his combat duties in Vietnam, David is a masterful guide at assisting others in Spiritual Recovery from PTSD. In his 8 years with Base Camp, Inc., a unique veterans' support organization, David developed his distinctive approach to inspiring people in the process of self-healing.

David, a graduate of the William Glasser Institute, is certified in Spiritual Response Therapy and has extensively trained with and been an assistant to dr. michael ryce.

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## WHAT TO EXPECT

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In his sessions with you, David, with clear intellectual and spiritual direction, will offer guidance in using a wide variety of actual, practical, workable tools.

**Included in his sessions are dr. ryce's**

- **Reality Management Worksheet**
- **"My Commitment"**
- **Purpose Worksheet**
- **Co-dependence to Inter-dependence Tools**
- **Aramaic Beatitudes**
- **Upper Path - Lower Path Chart**
- **Mind Shifters & Still Point Breathing**
- **Energy Field Work**

**A choice of which tool or tools will be used in each session will be determined in the initial stage of each consultation.**

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## COMMITMENT

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David has joined with dr. ryce's commitment to make the tools he teaches available to every mind on the planet and offers one-on-one support services for those who want to better understand how to turn crises into opportunity, conflict into serenity, and pain - physical, mental and emotional - into healing, aliveness and abundance.

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## AN EXPRESSION OF APPRECIATION

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**Spiritual Direction, Still Point Breathing, Energy Field Work, Guidance In Self-Healing and Support in using the tools.**

**\$80.00 per hour**

Call 417-255-5894 or email [davidhayes@whyagain.com](mailto:davidhayes@whyagain.com) for an appointment

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## SUPPORT GROUPS

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Send us your Support Group information for posting at: [www.whyagain.com/Support\\_Groups.php](http://www.whyagain.com/Support_Groups.php) by contacting [jeanie@whyagain.com](mailto:jeanie@whyagain.com)