

THESE TOOLS ARE GOING TO CHANGE YOUR LIFE! UNITY OF OCALA

101 Cedar Road in Silver Springs Shores, Ocala, FL 34472 (352) 687-2113 www.unityocala.org

WHY IS THIS HAPPENING TO ME . . . AGAIN?!

SUNDAY FEBRUARY 19, 2012 1:00 - 4:30 PM
Sunday Service 10:00AM - "Five Steps to Acheiving Life"

- ♥ THE HUMAN ENERGY SYSTEM
- ♥ HEALING GUILT AND FEAR
- ♥ THE HUMAN MIND
- ♥ FORGIVENESS

A unique, original syntheses of science, Naturopathic medicine, spiritual psychology and theology rich with insights from the ancient Aramaic language. A workshop that offers workable *tools for self healing* and putting an end to recurring life patterns. **POWERFUL, PRACTICAL TOOLS THAT ARE TRANSFORMING OUR PLANET!!**

PURPOSE, PERSONAL POWER AND COMMITMENT

MONDAY FEBRUARY 20, 2012 6:30 - 9:00 PM

- ♥ YOUR LIFE PURPOSE
- ♥ HOW TO MOTIVATE YOUR OWN MIND
- ♥ ALIGNING THOUGHT AND SPIRITUAL AWARENESS FOR PERSONAL POWER
- ♥ THE POWER ANDs HEALING EFFECT OF TRUE COMMITMENT

Experience an exercise that provides an easy method for discovering the unique purpose you were created to accomplish! Be "on purpose" and watch your creative capacity explode!!

WHEN YOU ARE ALIGNED WITH YOUR REAL PURPOSE, EVERYTHING CHANGES!

INTRODUCTION AND ADVANCED UNDERSTANDING OF A COURSE IN MIRACLES

TUESDAY FEBRUARY 21, 2012 6:30 - 9:00 PM

dr. ryce has taught *The Course In Miracles* for over 15 years and has been proclaimed a "teacher of teachers". In this workshop, where over 60 lessons are synthesized, a foundation for easy understanding and application of *The Course* is laid. One participant, who has studied *The Course* for several years said, "I realize now *The Course* is like a giant jigsaw puzzle and until now I didn't have the box top. Everything just fell into place! What I knew from my years of study of *The Course* I now understand! My enthusiasm for *The Course* has skyrocketed!"

CIRCLE OF LIFE AND HOW TO PLAY IT

WEDNESDAY FEBRUARY 22, 2012 6:30 - 9:00 PM

- ♥ DOES LIFE SEEM TO KICK YOU WHEN YOU LEAST EXPECT IT? ♥ THE ANSWER IS HERE!!
- ♥ HAVE YOU NOTICED THAT EACH TIME "IT" HAS HAPPENED, YOU'VE BEEN THERE?
- ♥ ARE YOU INTERESTED IN UNCOVERING YOUR PART IN WHAT HAPPENS IN YOUR LIFE?

Blockage of truth is the normal state of the average human mind. Information one wishes not to see, inhibits the Ability of the mind to show that information. To see through this blockage one must have guidelines for determining the appropriateness of behavior. This workshop provides empowering behavioral guides with which to keep your own mind on track and always have the highest and best information possible for making your decisions and opening to actual choices!

GETTING THE STRESS YOU NEED

THURSDAY FEBRUARY 23, 2012 6:30 - 9:00 PM

- ♥ EXACTLY WHAT CAUSES STRESS? ♥ THE SECRET TO SLEEPING STRESS-FREE!
 - ♥ THE TWO FACES OF STRESS ♥ HOW GOALS CAN HELP OR HINDER YOUR ACHIEVEMENTS
- Why doesn't changing behavior reduce stress? This workshop explores the mind's roll in creating, managing and reducing stress. Is there an ideal time frame for stress that creates the optimal use of internal resources? Learn to create stress that supports health! Explore the difference between plans and goals and understand their impact on your physiology. **LEARN TO MAKE STRESS A BEST FRIEND INSTEAD OF AN ENEMY!**

COMMUNICATION - DID YOU HEAR WHAT I THINK I SAID?

FRIDAY FEBRUARY 24, 2012 6:30 - 9:00 PM

- ♥ ENHANCE ALIVENESS ♥ SUPPORT CREATIVITY
- ♥ OPENS MUTUAL SUPPORT AND COMMUNICATION IN RELATIONSHIPS
- ♥ PROVIDE A SYSTEM FOR SPOTTING AND CHANGING LIFE PATTERNS

See with clarity the detrimental effects of "projection communication" and grasp the simple shift

Required to *enter the safety and effectiveness* of "respons-ability communication."

EXPERIENCE THE HEALING EFFECT OF TRUE COMMUNICATION!



"THE LAST SET OF SELF-HELP TOOLS YOU WILL NEED TO USE"

dr. michael ryce

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www.youtube.com/user/PlanetaryHealing
www.whyagain.com/mindshiftradio.php

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