

THESE TOOLS ARE GOING TO CHANGE YOUR LIFE!

UNITY OF SARASOTA

3023 Proctor Road, Sarasota, FL 34231 (941) 955-3301 www.unityofsarasota.com

WHY IS THIS HAPPENING TO ME . . . AGAIN?!

SUNDAY APRIL 25 1:00 - 4:30 PM

Sunday Services 9:00AM & 10:30AM - "Coin of the Realm"

- ♥ THE HUMAN ENERGY SYSTEM
- ♥ HEALING GUILT AND FEAR
- ♥ THE HUMAN MIND
- ♥ FORGIVENESS

A unique, original syntheses of science, Naturopathic medicine, spiritual psychology and theology rich with insights from the ancient Aramaic language. A workshop that offers workable *tools for self healing* and putting an end to recurring life patterns.

A clear message of hope for healing our human family!

POWERFUL, PRACTICAL TOOLS THAT ARE TRANSFORMING OUR PLANET!!

A COURSE IN MIRACLES

WHAT IS THE WORLD?

MONDAY APRIL 26 6:00 - 7:30 PM

dr. ryce has taught *The Course In Miracles* for over 15 years and has been proclaimed a "teacher of teachers". In this workshop, where over 60 lessons are synthesized, a foundation for easy understanding and application of *The Course* is laid. One participant, who has studied *The Course* for several years said, "I realize now *The Course* is like a giant jigsaw puzzle and until now I didn't have the box top. Everything just fell into place! What I knew from my years of study of *The Course* I now understand! My enthusiasm for *The Course* has skyrocketed!"

THE KEYS TO ABUNDANCE IN HEALTH, FINANCES AND RELATIONSHIPS

ON CREATING CONSCIOUSLY

WEDNESDAY APRIL 28 7:00 - 9:30 PM

- ♥ DISCOVERING YOUR PURPOSE
- ♥ UNDOING BLOCKS TO EXPRESSION
- ♥ FOUR STAGES OF PROSPERITY
- ♥ THE LINKS BETWEEN ABUNDANCE AND FORGIVENESS

This workshop presents simple processes for getting clear on achieving what you want and letting go of what you don't ... to *Put Away Aimlessness and Weakness* ... to *Do Confidently and Accomplish Masterfully!*

Discover your purpose and integrate it into your life. **AN EXPLOSION IN CREATIVITY!**

HEALING THROUGH RELATIONSHIPS

THURSDAY APRIL 29 7:00 - 9:30 PM

- ♥ WHY RELATIONSHIPS . . . COMMITMENT . . . OR LOVE???
- ♥ WHY BOTHER?

- ♥ Moving Through Fear and Guilt to *Real Love*
- ♥ *How to Form Healing Relationships*

♥ See how to use forgiveness in relationships.

An experiential workshop focused on learning *usable relationship skills*.

Gain awareness of issues that "keep you stuck" and tools that work!

TOOLS THAT BRING CONSTRUCTIVE CHANGES INTO REACH!

CODEPENDENCE TO INTERDEPENDENCE

FRIDAY APRIL 30 7:00 - 9:30 PM

- ♥ CAN INTIMACY BE CREATED THRU CODEPENDENCE?
- ♥ WHAT IS THE CAUSE AND CURE OF ADDICTION?

- ♥ WHAT ARE THE PRECIOUS GIFTS OF CODEPENDENT RELATIONSHIP & HOW ARE THEY ACTED UPON?

When denial is removed Conscious Relationships provide a forum for recovery. Explore tools for transforming dysfunction into health and wholeness thru relationship! Be introduced to the concept of the "Power Person" that is at the root of our personality formation.

Move past survival to the delight and aliveness that is not only possible but our natural birthright!

BE AN ADULT AND RECAPTURE THE INNER-SENSE OF YOUR INNER CHILD!

MindShifters® and StillPoint® BREATHING

SATURDAY MAY 1 8:00AM to approximately 6:00PM (125.00 FEE for this one day)

- ♥ THE ROLE OF THE BREATH IN SELF HEALING
- ♥ USE MIND SHIFTERS TO ACCESS SUPPRESSED REALITIES

- ♥ HOW TO REMOVE EMOTIONS THAT PROMOTE UNCONSCIOUSNESS

StillPoint Breathing® is deep, process oriented work. Experience the breath's ability to reduce stress, remove limiting realities. This gentle self help tool leads to the experience of self acceptance, "source connectedness" and a deepening serenity! Mind Shifters are used in this work as a catalyst that quickly surface hidden mind dynamics so that they can be examined and healed.

"THE LAST SET OF SELF-HELP TOOLS YOU WILL NEED TO USE"

dr. michael ryce

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**FIVE FREE
Workshops
(941)
955-3301**

